RightTimePlaceCare
Improving health service for European citizens with dementia: Best practice strategies’ development for transition from formal professional home care to institutional long-term nursing care facilities

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RightTimePlaceCare Consortium

- Lund University, Sweden
- University of Turku, Finland
- University of Tartu, Estonia
- Manchester University, England
- Maastricht University, The Netherlands
- University of Witten/Herdecke, Germany
- University of Toulouse, France
- Hospital Clinic of Barcelona, Spain

Disciplines: Nursing scientists, geriatricians, old age psychiatrists, psychologists, economists, social scientists
MAIN OBJECTIVE

RightTimePlaceCare aims to develop "Best Practice Strategies" for dementia care of PwD and their caregiving relatives especially in the situation of transition from home care to institutional long-term nursing care facilities.
Work packages

WP 1 Management (Germany)

WP 2 Description of long-term care/Intersectoral communication (Sweden)

WP 3 Survey on long-term care (The Netherlands)

WP 4 Economic evaluation (Germany)

WP 5 Development of Best Practice (Estonia, Spain, England)

WP 6 Dissemination (Germany)
1. Factors associated with nursing home admission in people with dementia

2. Quality of care and quality of life in older people with dementia

3. Burden of caregivers of people with dementia
Participants WP3

Home care "At risk" Nursing home

1223 Living at home
(116 recently admitted in Germany)

791 recently admitted

126 transition home → nursing home (7 in Germany)

950 after 3 months

650 after 3 months
Factors associated with nursing home admission

• Large variety in factors
  – No unequivocal predictor in EU

• Most important factors
  – Dependency in performing activities of daily living
  – Having behavioral problems
  – High burden of informal caregivers
Quality of life: people with dementia

The bar chart compares the quality of life for people with dementia across different countries in the EU. The countries listed include Germany, England, Estonia, Finland, France, Netherlands, Spain, and Sweden. The chart categorizes the data into two types: Nursing home and Home care. The EU mean is also indicated at the bottom of the chart.
Quality of care: nursing home (example)

Many pressure ulcers
- Estonia: 14%
  (EU mean: 7%)

Many physical restraints:
- Spain: 83%
- Estonia: 48%
- Finland: 40%
  (EU mean: 32%)

Many psychotropic medications:
- France: 90%
- Spain: 81%
  (EU mean: 70%)
Caregiver burden at home and nursing home

EU mean

Germany

England

Estland

Finland

France

Netherlands

Spain

Sweden

Home

Nursing home
WP5 - Selected main results

• The pattern of admissions to institutional long-term care facilities did **not regularly correspond with recommendations by experts** that were retrieved from structured group discussions of typical case vignettes based on WP3 data.

• The availability of enhanced community services could allow at least a **quarter of people with dementia** currently admitted to institutional long-term care facilities to be more appropriately supported in their own homes.
The findings provide information about the types of people with dementia in each participating country who would be affected by such re-structuring.

The results suggest that there could be a potential to save significant resources that could be reinvested in the community.
RightTimePlaceCare: PhD-projects

11 PhD students
(UK, Spain, Sweden, Finland, the Netherlands and Germany)

Focus on specific aspects
• E.g., Quality of life, informal care, medication use, country-specific

PhD meetings
– Barcelona, 2012
– Turku, 2013
– Rennes, 2014
Perspectives

Work in progress: Publication of the main findings/PhD theses

Many thanks for your attention!

Horizon 2020?
Overview of publications


• Beerens HC, Sutcliffe C, Renom-Guiteras A, Soto ME, Suhonen R, Zabalegui A, Bökberg C, Saks K, Hamers JP; on behalf of the RightTimePlaceCare Consortium. Quality of Life of and Quality of Care for People with Dementia Receiving Long Term Institutional Care or Professional Home Care: The European RightTimePlaceCare Study. J Am Med Dir Assoc 2014; 15: 54-61


Overview of publications


Further studies under review, e.g. Special Section Journal of Advanced Nursing